

# MONTHLY LUNCH BUDDIES



Calling all relative, resource, flex & adoptive parents... bring your lunch, thoughts, struggles, and support for others! Lunch Buddies is a safe group where you can share your experience and seek/provide peer support.

## JOIN US!

First Friday of every month  
12:00-1:00 pm via ZOOM

For more information please reach out to

[sespino@washoecounty.gov](mailto:sespino@washoecounty.gov) or  
[kproctor@washoecounty.gov](mailto:kproctor@washoecounty.gov)

